

FOURTH SEMESTER P.G. DEGREE EXAMINATION, APRIL 2021**(CCSS)****M.Sc. Applied Psychology****PSY 4E 05—LIFE SKILLS : TRAINING AND APPLICATION****(2019 Admissions)****Time : Three Hours****Maximum : 80 Marks****Part A***Answer any two essay questions.**Each question carries 15 marks.*

1. Explain the importance of assertiveness training among adolescents, youth and women.
2. How far life skills training are effective in career planning and development.
3. Examine the role of life skills for environmental protection and sustainable development.

(2 × 15 = 30 marks)**Part B***Answer any six questions in not less than 300 words.**Each question carries 5 marks.*

4. Life skills for healthy life styles.
5. Effectiveness of life skills for managing stress.
6. Role of life skills in time management.
7. Fraternity and Pluralism.
8. Methods for overcoming examination anxiety.
9. Life skills training in organizational setting.
10. Life skills for Understanding and respecting all cultures.
11. Life skills in preventing substance abuse.

(6 × 5 = 30 marks)**Turn over**

Part C

*Explain any ten terms in not less than 50 words.
Each question carries 2 marks.*

12. Gender equality.
13. Alcoholism.
14. Deforestation.
15. Green house effect.
16. Global warming.
17. Soil erosion.
18. Media literacy.
19. Women empowerment.
20. Secularism.
21. Tolerance.
22. Social harmony.
23. National integration.

(10 × 2 = 20 marks)

FOURTH SEMESTER P.G. DEGREE EXAMINATION, APRIL 2021

(CCSS)

M.Sc. Applied Psychology

PSY 4E 04—AUTISM SPECTRUM DISORDERS : A CLINICAL AND COGNITIVE PERSPECTIVE

(2019 Admissions)

Time : Three Hours

Maximum : 80 Marks

Part A*Answer any two questions in not less than 600 words.**Each question carries 15 marks.*

1. Give a brief account of the causes of autism spectrum disorder.
2. Discuss cultural influence on autism spectrum disorder.
3. Define Autism. Explain interventions focusing on social, emotional understanding and competence.

(2 × 15 = 30 marks)

Part B*Answer any six questions in not less than 300 words.**Each question carries 5 marks.*

4. Non-verbal communication.
5. Social- emotional reciprocity.
6. Cognitive style in autism.
7. Basic concepts in autism research.
8. Theory of mind hypothesis.
9. Social orientation deficit hypothesis.
10. Weak central coherence hypothesis.
11. Cognitive style in autism.

(6 × 5 = 30 marks)

Part C

*Explain any ten terms in not less than 50 words.
Each question carries 2 marks.*

12. Autism phenotype.
13. Global holistic vs. focused detailed.
14. Social stories.
15. Mind blindness.
16. Pivotal response training.
17. Systematizing - empathizing.
18. Discreet trial.
19. Gestures.
20. Language of the eyes.
21. Executive dysfunction hypothesis.
22. Symbolic play.
23. False beliefs.

(10 × 2 = 20 marks)

FOURTH SEMESTER P.G. DEGREE EXAMINATION, APRIL 2021**(CCSS)****M.Sc. Applied Psychology****PSY 4E 03—THERAPEUTIC INTERVENTION STRATEGIES—II****(2019 Admissions)****Time : Three Hours****Maximum : 80 Marks****Part A***Answer any two essay questions.**Each question carries 15 marks.*

1. Give a comparative assessment of classical and operant conditioning.
2. Explain the key concepts and technique of cognitive behaviour therapy.
3. Explain self-control techniques and its application in the management of obesity and study behaviour.

(2 × 15 = 30 marks)**Part B***Answer any six questions in not less than 300 words.**Each question carries 5 marks.*

4. JPMR.
5. Stress inoculation therapy.
6. Techniques of Rational Emotive Therapy.
7. Systematic desensitization.
8. GSPR.
9. Additional modelling procedures.
10. Higher order conditioning.
11. Systematic use of reinforcement.

(6 × 5 = 30 marks)**Turn over**

Part C

Explain any ten terms in not less than 50 words.

Each answer carries 2 marks.

12. Extinction.
13. Contingency management.
14. Yoga based relaxation.
15. GSR.
16. Bio-feedback treatment.
17. Token economy.
18. Assertiveness therapy.
19. Aversion therapy.
20. Invitro-invivo techniques.
21. Stimulus satiation.
22. Prevention.
23. Acquisition and facilitation of new behaviour.

(10 × 2 = 20 marks)

FOURTH SEMESTER P.G. DEGREE EXAMINATION, APRIL 2021**(CCSS)****M.Sc. Applied Psychology****PSY 4E 01—HUMAN RESOURCE PLANNING AND DEVELOPMENT****(2019 Admissions)****Time : Three Hours****Maximum : 80 Marks****Part A***Answer any two essay questions.**Each question carries 15 marks.*

1. Give a brief account of Recruitment and selection processes.
2. What is meant by performance appraisal ? Discuss different methods of appraisal.
3. Briefly explain the historical evolution of human resource development.

(2 × 15 = 30 marks)**Part B***Answer any six questions in not less than 300 words.**Each question carries 5 marks.*

4. Corporate environment.
5. Apprenticeship.
6. H.R. planning at enterprise level.
7. Managing by Objectives.
8. Ethics of appraisal.
9. Employee induction programme.
10. Distinction between training and development.
11. Strategic management.

(6 × 5 = 30 marks)

Part C

Explain any ten terms in not less than 50 words.

Each question carries 2 marks.

12. Job description.
13. Recruitment.
14. Change management.
15. Training needs.
16. Job analysis.
17. Application blank.
18. Stress interview.
19. Planning process.
20. Case studies.
21. Job rotation.
22. T-Group training.
23. Halo effect.

(10 × 2 = 20 marks)

FOURTH SEMESTER P.G. DEGREE EXAMINATION, APRIL 2021

(CCSS)

M.Sc. Applied Psychology

PSY 4C 15—CRITICAL PSYCHOLOGY

(2019 Admissions)

Time : Three Hours

Maximum : 80 Marks

Part A*Answer any two essay questions.**Each question carries 15 marks.*

1. Briefly explain the theories of Derrida and Malinowski.
2. Define critical psychology. Explain its origin and development.
3. Discuss discipline based issues in Psychology.

(2 × 15 = 30 marks)

Part B*Answer any six questions in not less than 300 words.**Each question carries 5 marks.*

4. Misrepresentations of critical psychology.
5. Main criticisms of conventional psychology.
6. Is critical psychology really political activism?
7. How ethical-political values influence psychological research and practice.
8. Psychology for social justice.
9. Social issues and psychology.
10. Participatory action research.
11. Dialectical psychology.

(6 × 5 = 30 marks)

Turn over

Part C

*Write short notes on any ten of the following.
Each question carries 2 marks.*

12. Disability studies.
13. Reflexivity.
14. Feminist psychology.
15. Liberation psychology.
16. Main stream psychology.
17. Paradigm shift.
18. Positivism.
19. Eugenics.
20. Discursive psychology.
21. Deconstructionist psychology.
22. Social justice and human rights.
23. Subjectivity vs. objectivity.

(10 × 2 = 20 marks)

FOURTH SEMESTER P.G. DEGREE EXAMINATION, APRIL 2021**(CCSS)****M.Sc. Applied Psychology****PSY 4C 14—COUNSELLING PSYCHOLOGY****(2019 Admissions)****Time : Three Hours****Maximum : 80 Marks****Part A***Answer any two essay questions.**Each question carries 15 marks.*

1. Discuss the historical and professional foundations of counselling.
2. Briefly explain the principles and procedures of group counselling.
3. Give a brief account of cognitive behaviour therapy.

(2 × 15 = 30 marks)**Part B***Answer any six short essay questions.**Each question carries 5 marks.*

4. Major aspects of reality therapy.
5. Roger's views on counselling.
6. Therapeutic techniques of REBT.
7. Guided Somato Psychic Relaxation.
8. Yoga relaxation.
9. Problems of beginning counsellors.
10. Goals of counselling.
11. Distinguish between counselling and psychotherapy.

(6 × 5 = 30 marks)**Turn over**

Part C

*Write short notes on any ten of the following.
Each question carries 2 marks.*

12. Assessment and diagnosis.
13. EMG.
14. Bio-feedback relaxation.
15. JPMR.
16. Community counselling.
17. Family therapy.
18. Existential therapy.
19. Counselling skills.
20. Empty chair technique.
21. Gender based counselling.
22. Geriatric counselling.
23. Transcendental meditation.

(10 × 2 = 20 marks)