

SECOND SEMESTER M.Sc. DEGREE (REGULAR/SUPPLEMENTARY)
EXAMINATION, APRIL 2022

(CBCSS)

Psychology

PSY 2C 08—APPLIED PSYCHOLOGY

(2019 Admission onwards)

Time : Three Hours

Maximum : 30 Weightage

General Instructions

1. *In cases where choices are provided, students can attend all questions in each section.*
2. *The minimum number of questions to be attended from the Section / Part shall remain the same.*
3. *The instruction if any, to attend a minimum number of questions from each sub section / sub part / sub division may be ignored.*
4. *There will be an overall ceiling for each Section / Part that is equivalent to the maximum weightage of the Section / Part.*

Part A

Write short notes on any four of the following.

Answer should not exceeding 100 words.

Each answer carries 2 weightage.

1. Inclusive education.
2. Juvenile delinquents.
3. General adaptation syndrome.
4. Impairment.
5. Performance goals.
6. Personal space.
7. Cross-cultural psychology.

(4 × 2 = 8 weightage)

Turn over

Part B

Answer any four of the following in not exceeding 300 words.

Each answer carries 3 weightage

8. Significance of applying psychology in day to day life.
9. Assessment of violence.
10. Problems in the rehabilitation of persons with disability.
11. Role of motivation in sports.
12. Salient features of environmental psychology.
13. Goals of personnel psychology.
14. Core values in positive psychology.

(4 × 3 = 12 weightage)

Part C

Answer any two of the following in not less than 500 words.

Each question carries 5 weightage.

15. Define health psychology and describe the biopsychosocial approach to health psychology ?
16. Elucidate the main areas of applications of sports psychology ?
17. Define career counseling and describe the historical development of career counseling ?
18. What is the meaning of peace ? Illustrate the psychology of peace and key concepts ?

(2 × 5 = 10 weightage)

SECOND SEMESTER M.Sc. DEGREE [REGULAR/SUPPLEMENTARY]
EXAMINATION, APRIL 2022

(CBCSS)

Psychology

PSY 2C 07—COGNITIVE PSYCHOLOGY—II

(2019 Admission onwards)

Time : Three Hours

Maximum : 30 Weightage

General Instructions

1. *In cases where choices are provided, students can attend all questions in each section.*
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Part A

Write short notes on any four of the following.

Answer should not exceeding 100 words.

Each answer carries 2 weightage.

1. Phonological loop.
2. Semantic memory.
3. Functional fixedness.
4. Divergent thinking.
5. Mental age.
6. Emotion regulation.
7. Artificial intelligence.

(4 × 2 = 8 weightage)

Part B

*Answer any **four** of the following in not exceeding 300 words.*

Each answer carries 3 weightage.

8. Atkinson-Shiffrin model of memory.
9. Retrieval differences in memory store.
10. Types of problem with example.
11. Types of deductive reasoning.
12. Sternberg's perspectives on intelligence.
13. Structure of emotions.
14. Functions of consciousness.

(4 × 3 = 12 weightage)

Part C

*Answer any **two** of the following in not less than 500 words.*

Each question carries 5 weightage.

15. Define forgetting and describe any two theories of forgetting.
16. Elucidate the classical theory of decision-making and its critique.
17. Briefly describe the common tests used for the measurement of intelligence.
18. Discuss the important theories of emotion.

(2 × 5 = 10 weightage)

**SECOND SEMESTER M.Sc. DEGREE (REGULAR/SUPPLEMENTARY)
EXAMINATION, APRIL 2022**

(CBCSS)

Psychology

PSY 2C 06—COUNSELLING PSYCHOLOGY

(2019 Admission onwards)

Time : Three Hours

Maximum : 30 Weightage

General Instructions

1. *In cases where choices are provided, students can attend all questions in each section.*
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Part A

Write short notes on any four of the following.

Answer should not exceed 100 words.

Each answer carries 2 weightage.

1. Initial counselling interview.
2. Self disclosure.
3. Striving for identity.
4. Cognitive triad.
5. Ego states.
6. Geriatric counselling.
7. Bio-feedback relaxation.

(4 × 2 = 8 weightage)

Part B

Answer any four of the following in not exceeding 300 words.

Each question carries 3 weightage.

8. Goals of counselling.
9. Skills of an effective counselor.
10. Sociological foundations of counselling.
11. Divorce and uncoupling process.
12. Basic concepts in client centered therapy.
13. Criteria for evaluating counselling.
14. Significance of relaxation in counselling.

(4 × 3 = 12 weightage)

Part C

Answer any two of the following in not less than 500 words.

Each question carries 5 weightage.

15. Define counselling and describe the six stages of counselling.
16. Discuss the basic concepts and techniques of behavioural counselling.
17. Illustrate the need and process of vocational counselling.
18. Elucidate the procedure of GSPR and it's benefits.

(2 × 5 = 10 weightage)

SECOND SEMESTER M.Sc. DEGREE (REGULAR/SUPPLEMENTARY)

EXAMINATION, APRIL 2022

(CBCSS)

Psychology

PSY 2C 05—PSYCHOPATHOLOGY

(2019 Admission onwards)

Time : Three Hours

Maximum : 30 Weightage

General Instructions

1. *In cases where choices are provided, students can attend all questions in each section.*
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Part A

Write short notes on any four of the following.

Answer should not exceeding 100 words.

Each answer carries 2 weightage.

1. Dimensional approach.
2. ICD and DSM.
3. Panic disorder.
4. Depersonalization.
5. Narcisstic personality disorder.
6. Hallucinogens.
7. ADHD.

(4 × 2 = 8 weightage)

Turn over

Part B

*Answer any **four** of the following in not exceeding 300 words.*

Each answer carries 3 weightage.

8. Psychosocial causes of maladaptive behavior.
9. Post traumatic stress disorder.
10. Sexual deviations.
11. Treatment of substance use disorder.
12. Clinical picture of somatoform disorders.
13. Chronic organic disorders.
14. Specific learning disorders.

(4 × 3 = 12 weightage)

Part C

*Answer any **two** of the following in not less than 500 words.*

Each question carries 5 weightage.

15. Briefly describe the methods used for assessing abnormal behaviours.
16. Discuss the clinical features and treatment of bipolar disorders.
17. Elucidate the signs, symptoms and causes of delusional disorder.
18. Give a brief account on the emotional disorders in childhood.

(2 × 5 = 10 weightage)

**SECOND SEMESTER M.Sc. DEGREE (SUPPLEMENTARY) EXAMINATION
APRIL 2021**

(CUCSS)

Psychology

PSY 2.3—COUNSELLING PSYCHOLOGY

(2010 Admissions)

Time : Three Hours

Maximum : 36 Weightage

Section A

Answer all questions in one or two sentences each.

Each question carries 1 weightage.

1. Career counselling.
2. Transcendental Meditation.
3. Yoga relaxation.
4. De addiction counselling.
5. Bio-feedback relaxation.
6. Crisis counselling.
7. Sexuality counselling.
8. Uncoupling process.
9. Educational counselling.
10. Advanced empathy.
11. Role playing.
12. Trait-actor counselling.
13. Problem solving strategies.
14. Unconditional positive regard.

(14 × 1 = 14 weightage)

Turn over

Section B

*Answer any **seven** questions in a paragraph each.*

Each question carries 2 weightage.

15. Distinction between counselling and psychotherapy.
16. Goals of counselling.
17. Historical development of counselling.
18. Ethical and professional issues in counselling.
19. Importance of Client-centred therapy.
20. Transactional analysis.
21. Major concepts of Gestalt therapy.
22. Guided Somato Psychic Relaxation (GSPR).
23. Major focus of counselling in special setting.
24. Jacobson's progressive muscle relaxation.

(7 × 2 = 14 weightage)

Section C

*Answer any **two** questions in an essays each.*

Each question carries a weightage of 4.

25. Give a brief account of the principles and procedures of group counselling.
26. Define counselling. Discuss different stages of counselling.
27. Make a comparison of Cognitive Behaviour Therapy by Beck and Rational Emotive Behaviour Therapy by Ellis.
28. Briefly explain the theoretical background and techniques of Behavioural approach to counselling.

(2 × 4 = 8 weightage)